

Strawberry/Mandarin Orange/Poppy Seed Spinach Salad

1 bunch spinach, rinsed
10 large strawberries, sliced
1 small can mandarin oranges, drained
½ cup white sugar
1 teaspoon salt
1/3 cup white wine vinegar
1/2 cup vegetable oil
1 tablespoon poppy seeds

1. In a blender, place the sugar, salt, vinegar, and oil.
2. Blend until smooth.
3. Stir in the poppy seeds.
4. Refrigerate for several hours.
5. In a large bowl, mix the spinach, strawberries, and mandarin oranges.
6. Pour the chilled dressing over the salad and toss.

Serves 4.